



YASOU

A MAGICAL VEGAN FUSION OF GREEK & MIDDLE EASTERN CUISINE

From award-winning chef **Miriam Sorrell**, author of *Mouthwatering Vegan* (Random House 2013, endorsed by Sir Paul McCartney), comes **YASOU**, a magical fusion of Greek and Middle Eastern vegan cuisine.

This book connects the author with her own rich roots, and takes plant-based cooking to a new level, bringing the exotic flavours of the Middle East and Southern Mediterranean within easy reach of the home cook, and showing once again the innovative genius of Sorrell as she redesigns vegan cuisine.

For the first time ever — proper vegan Taramasalata; Halloumi, Lime Infused Feta, Shaskshuka with genius plantbased Eggs, Baked Fasolia Pie, Middle Eastern Stuffed Cabbage Rolls, Briam-Imam Bayildi, Spanakopita Tart, Crispy Fried Calamari, Aubergine Maqluba, Coffee Crème Caramel, Kalo Prama, and Galaktoboureko. These are just some of the delights to be found within — and all entirely plant-based!

Lavish full-page photos accompany each recipe, each one more appetizing than the last, marking this hotly anticipated book as a historical moment in vegan gastronomy.

Born in London, **Miriam Sorrell** grew up on the small Mediterranean island of Malta. Her Greek Cypriot father owned restaurants in London, whilst her mother's background is a rich mixture of Greek, Italian and Maltese.

Since starting her *Mouthwatering Vegan* blog in 2010, followed by her *Mouthwatering Vegan* cookbook in 2013, Miriam has had a profound effect on the evolution of vegan cuisine, with her innovative recipes being used in restaurants and cafes worldwide.

Miriam is a tireless campaigner for the rights of animals worldwide, and sees her work as an integral part in helping to reduce their suffering by extending further the wonderful range of foods we can eat that contain no animal ingredients.

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For more information, please contact Louise Rhind-Tutt

louise@lrtpublicity.co.uk | 07788 917680



SCORCHED, SPICED & CARAMELISED BABY TOMATOES AND GREEN PEPPERS



LEMON DROWNED POTATOES



BAKED FASOLIA PIE WITH 'FETA' & BLACK OLIVES



BEAUTIFUL BAKED FATOUSH



ROSE PETAL ICE CREAM WITH CARDAMOM