

# Parenting with BALLS

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At just 28-years-old Ian Newbold was a successful married man with a young son. A fast paced career had seen him rise to running the operation of a £15,000,000 turnover business. At the same time he had a beautiful wife, Samantha, and a wonderful little boy, Max. But during their first family holiday tragedy struck and Sam died of a sudden heart attack at just 30-years-old. Ian was obviously devastated and left widowed with a seven-month-old boy to care for. Choosing to give up his career and concentrate on looking after his child fulltime, Ian eventually found that writing helped him grieve, and that others were interested in what he had to say.

The book is an account of one man's struggle to deal with the sudden and dramatic loss of his wife, at the same time giving up his job as young successful business executive to take care of his seven-month-old son. An abrupt and remarkable career and life change.

In **Parenting with Balls**, Ian shares what he learned after being thrown in the parenting 'deep-end'. Dealing with the ups and downs of raising a child, Ian has collected different life experiences, parenting principles and common sense advice for this book. Told with humour and pathos, Ian's story is an inspiration to any parent – single or not.

As well as covering the pain, shock and devastation of being widowed at just 28-years-old **Parenting with Balls** also gives an account of what it's like to be suddenly thrust into a world dominated by women.

**Ian Newbold** lives in Staffordshire, England with his son Max. As well as writing and being a full-time dad, Ian works as a freelance business consultant, likes to make things out of wood and tries to pretend he is still sporty by playing cricket and hockey. He writes the blog 'Single Parent Dad' and describes himself as a 'widowed parent, raising a child alone, as well as generally making a nuisance of myself. Prone to bouts of genius and modesty failure.'

## Contacts

For further information, please contact:

Louise Rhind-Tutt

Tel: 07788 917680

Email: [louise@lrtpublicity.co.uk](mailto:louise@lrtpublicity.co.uk)

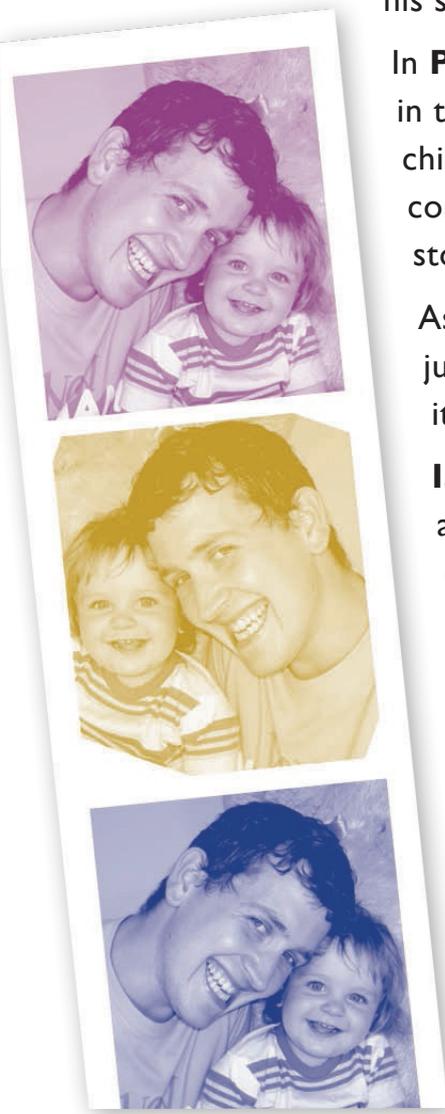
## Parenting with BALLS

From the successful  
creator of the blog  
"Single Parent Dad"

Ian Newbold

"A powerful story about one man's  
courage as he struggles to raise a child  
alone, his journey as a father and the  
obstacles he faces along the way."

Funny. Moving. And above all, honest.



86-88 Edgware Road  
London W2 2EA

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