

# the ultimate hiker's gearguide

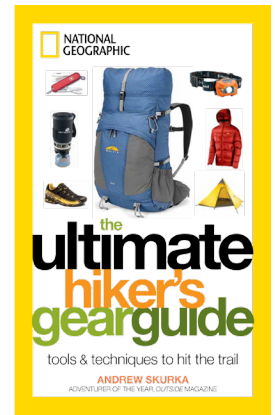


Andrew Skurka

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For anyone who enjoys stepping out on the trail, whether for short jaunts in a local park or a multiday backcountry trek, this fun, colourful book details everything you need to know about travelling backcountry light and fast.

Adventure-athlete author, Andrew Skurka, keeps his pack down to 5 kg (without food and water), and regularly logs 30-plus miles per day. **The Ultimate Hiker's Gear Guide** is sprinkled with vignettes throughout, making for an inspiring, educational tome that's worth reading for the stories alone.



Andrew Skurka was very confident in his mid shelter during his spring storm in the Alaska range.

The book covers everything you need for any kind of hike, from a Sunday trek in the hills to a full-on expedition across the country, and for each section providing a clear, concise outline of what you need the gear for, when you should use it, and how to pack.

Covering clothing, footwear, trekking poles, backpacks, shelter systems, sleep systems, and much more, there are a lot of options for both new and experienced trekkers. Skurka helpfully provides useful listings of the pros and cons of each item, helping you make the right choice for your trip.

**Andrew Skurka** is a sponsored long-distance backpacker, speaker, and writer. He has hiked 25,000 miles-plus since 2002, most recently on a 4,700 mile loop around Alaska and the Yukon. Named *Adventurer of the Year* by **National Geographic Adventure** (describing him as “a Gen Y version of Thoreau”) and *Person of the Year* by **Backpacker Magazine**, he was also featured in **Outside** and **Men's Journal**.



When Andrew's pack is light and well balanced, he barely notices that it's on.

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